

Skills for Healing Cancer Weekend Retreat

June 11 – 13, 2010
Friday night to Sunday pm
Calgary, AB

With Dr. Rob Rutledge
Radiation oncologist
Dalhousie University

Nova Scotia Cancer Centre
and
Tim Walker, PhD
Eastwind Stress
Reduction

Wellspring members with a diagnosis of cancer and their caregivers are invited to a weekend retreat combining teaching, presentations and practical exercises, including:

- Complete cancer care including diet / complementary Rx
- Stress reduction techniques
- Mind-body connection exercises
- Meditation (includes informal discussions)

Free for Wellspring members. \$80 deposit required to register.

For more information or to register call
Wellspring Calgary at 403-521-5292

